

Neurozone® High Performance Leadership Masterclass

Build high performing teams and sustainable organizations with blended insights from neuroscience, analytics and systems thinking.



Purpose

The Masterclass equips the modern leader with cutting edge insights and tools to navigate themselves, their teams, and their organizations through the current uncharted territory.

You'll be presented with a novel way of thinking about high performance; high performance leaders, high performance teams, and high performance organizations, who are resilient and continuously ready to perform at their best in the ever-increasingly rapidly evolving world of business.

Thought leader and Masterclass facilitator, Dr Etienne van der Walt, models profound yet simplified insights for corporate leadership, using his decades of experience as neurologist and Neurozone® CEO.



What Others Say

"Dr. Etienne van der Walt provides profound insights into human performance. His online masterclass facilitation course is a powerful tool for leaders and organizational development professionals seeking accurate and practical applications of neuroscience in business."

Carlos Arce

– Organizational development specialist, facilitator and company leader-customer experience at Elation

Key Benefits

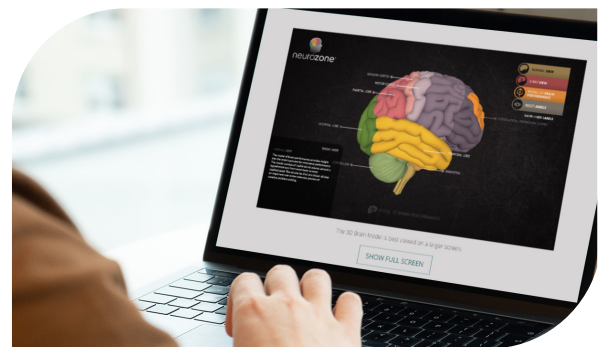
- Leadership insights informed by neuroscience and systems thinking
- Understanding of human behavior from a fresh perspective, informing leadership skill sets
- Profound insights of the brain/body system for personal mastery
- Individual *Neurozone® High Performance App* with *Personal Report* for quick wins and to personalize the experience

Product Characteristics / Features

- The *Neurozone® High Performance App* with *Neurozone® Personal Report* for every participant to increase personal return on investment, enhance engagement, and gain a working understanding of the Neurozone® Methodology
- Highlighted themes of the Masterclass:
 - Explore Resilience and High Performance Readiness
 - Learn about chronic stress, inflammation, burnout, and implosion
 - Build a Model of Brain Performance using a customized 3-D model of the brain
 - Understand the Neurozone® Human Performance Code
 - Discover and explore the five High Performance Domains:
 - High Performance Connectors**
 - Discover how the brain ensures social safety throughout life
 - Multiply and maximize team energy for higher yield: Collective Creativity
 - High Performance Transformers**
 - Understand Mindset and Mindfulness from a neuroscience perspective
 - High Performance Rhythms**
 - Daily rhythms the brain/body system depend on for high performance
 - High Performance Energy**
 - Maximise finite energy resources: low energy → high yield
 - High Performance Innovators**
 - The brain as a learning and problem-solving machine; leverage its capacity
 - Predictors of Resilience and High Performance Readiness
 - Sustainable high performance: Connect → Transform → Transact
 - Understand your App and Report results
 - Explore the opportunities for personal improvement

Delivery Mode

- An online or in-person experience: 3.5 hours with adequate opportunity for learning, interactive discussion, and short breaks to replenish and stay fresh
- Participants gain 3 months of access to the *Neurozone® High Performance App* with *Neurozone® Personal Report* before the start of the Masterclass
- During the Masterclass, the use of the App and the Personal Report will be integrated with the learning experience to form a holistic approach for better outcomes



Target Audience

All leaders of people-centered organizations who are serious about learning and assimilating the profound insights created by the intersecting fields of neuroscience, analytics (high performance code), and systems thinking.



For more information, visit our website at www.neurozone.com

